



The Spa

At Casa Mani Resort



*Nestled in the heart
of downtown Napa,
The Spa at Casa Mani
is a sanctuary shaped
by the valley's shifting
moods and the quiet
artistry of ritual.*

Here, wellness unfolds as an experience of connection to land, to season, to self. Each moment invites guests to slow their pace, breathe deeply, and settle into presence.

Guided by the textures, scents, and energies of Napa's landscape, the spa offers immersive, sensorial journeys that evolve with the seasons. Spring awakens, summer expands, autumn grounds, and winter restores—each visit reflecting the valley's living rhythm and the guest's own inner state.

At the heart of Casa Mani Resort, a communal gathering space invites lingering and renewal. The Hydrothermal Circuit—steam, sauna, and a sensory shower—draws from ancient bathing traditions and modern wellness science. Guests move through cycles of heat, coolness, and rest, allowing elemental contrast to soften the body, clear the mind, and restore emotional ease.

The Spa at Casa Mani is more than a spa. It is a refuge of warmth, artistry, and attunement. A place to slow down, reconnect, and return to yourself.

Signature Rituals

Moments of immersion where time moves slowly, botanicals release their quiet power, and the body softens into a deeper state of presence. Each experience is crafted with intention, guiding you gently inward to a place of ease and attunement.

100 MINUTES

Turning of the Seasons

Signature experiences crafted to reflect the mood of the moment. Hand-blended botanicals, advanced bodywork, and sensory elements—sound, scent, and temperature—evoke a full-body response.

Moonflower Dream

Softly romantic and deeply restful. River blossom, rose absolute, sandalwood, and lavender drift through a slow, soothing massage; a rose-infused facial massage restores luminosity; a nurturing foot ritual brings you back to earth.

Shared Stillness

Create a shared essential oil blend, then settle into a mineral sea salt polish and a side-by-side massage that releases and rebalances. Champagne and a quiet moment to linger complete the ritual—an invitation to savor being here, together.



Massage

Unhurried moments designed to meet you exactly where you are. Through scent, pressure, and intuitive touch, each massage invites the body to unwind and the mind to settle.

50 / 80 MINUTES

The Casa Mani

Flowing, aromatic, and restorative. A signature French lavender blend anchors the senses while pressure and pace adapt to your body.

Wildflower Apothecary

Choose your path through an apothecary of wildflower botanicals. Focused acupressure and slow-flow techniques weave scent and touch into a calming, balancing whole.

Restorative Release

Flowing, firm techniques release overworked muscles and restore alignment. Ideal after travel or active Napa days, this targeted treatment promotes circulation and deep relief.

Side-by-Side

A shared retreat into silence. Enjoy any massage from our massage collection, tailored to each of you, shared in quiet connection.

Prenatal Serenity

A soothing therapeutic massage with unscented organic oils eases swelling and tension while nourishing skin with arctic berry cloud cream—leaving both mother and baby at ease.

ENHANCEMENTS

Wildflower Foot Polish

CBD Relief

Collagen Face Mask

Dry Brush

Heated Salt Stone



Body Treatments

An invitation to shed what feels heavy and emerge renewed. Cocooned in mineral clays and delicate botanicals, the body softens as skin is smoothed and energy steadies—leaving you lighter, clearer, and subtly transformed.

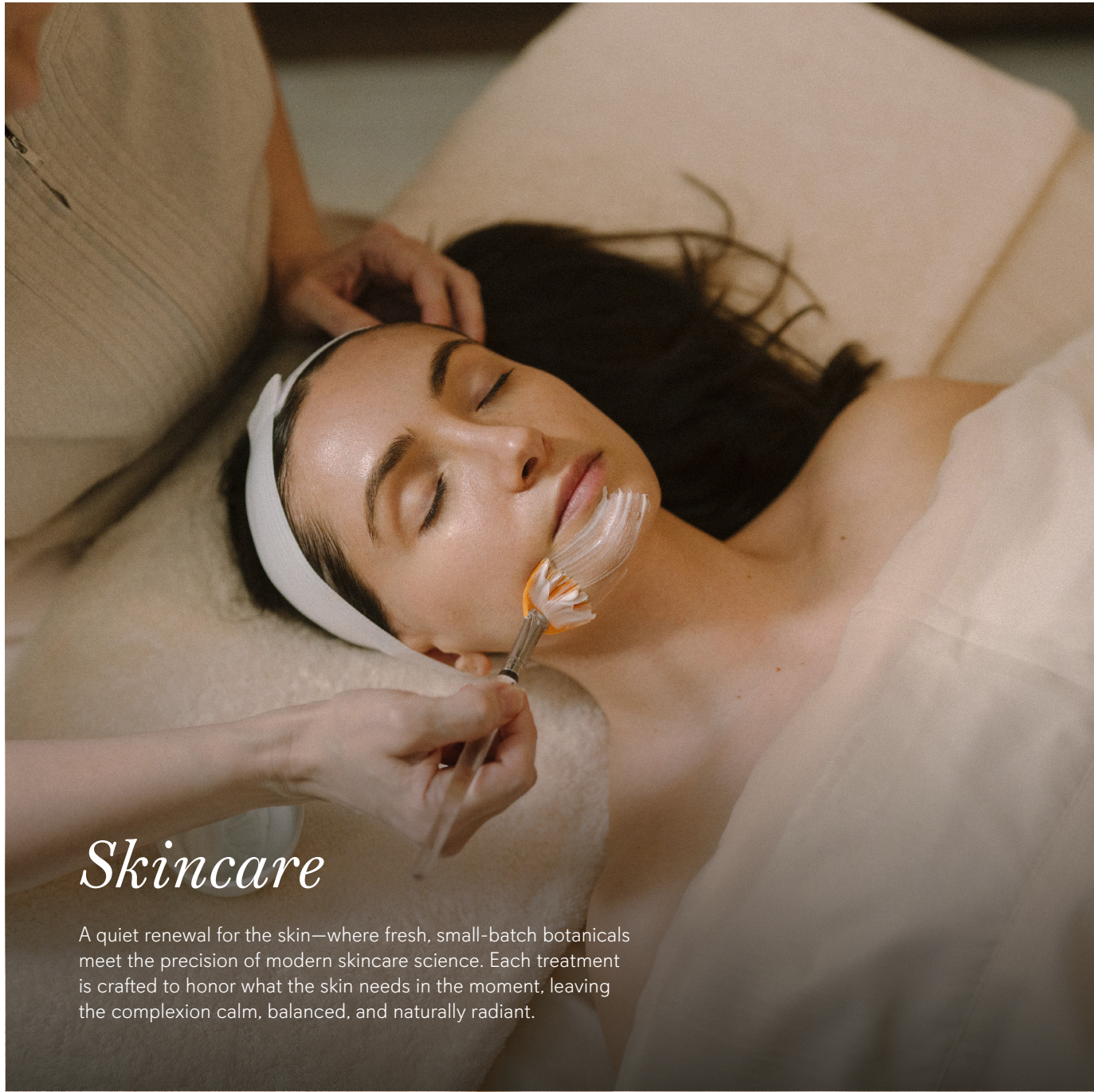
80 MINUTES

Detox Cocoon

Mineral-rich rhassoul clay and essential oils support lymphatic flow. Gentle warmth draws impurities and an acupressure face ritual restores luminosity.

Wildflower Renewal

Create an essential oil blend, and enter an intoxicating path through endless fields of wildflowers, calming the chaos of life. Skin is exfoliated with a mineral sea salt polish and finish with a curated massage—leaving the body radiant and renewed.



Skincare

A quiet renewal for the skin—where fresh, small-batch botanicals meet the precision of modern skincare science. Each treatment is crafted to honor what the skin needs in the moment, leaving the complexion calm, balanced, and naturally radiant.

The Signature by Monastery

A cooling, cocooning reset that invites the skin to soften and the senses to settle. Healing masks and small-batch botanicals drape the complexion in calm as slow facial, scalp, and neck massage restores ease. Finished with red light LED, the skin emerges soothed, resilient, and quietly luminous.

50 / 80 MINUTES

The Neo Lift by Monastery

Sculpting fascia work releases overworked muscles, revealing a lifted, refined softness. Stones, hands, and brushes move in a slow, grounding rhythm while botanicals nourish the skin. Circulation opens, contours sharpen, and the complexion glows with renewed vitality.

80 MINUTES

Doctor Babor Prescription Therapy

A precision facial guided by advanced skin diagnostics and the expertise of our therapists. High-performance cosmeceuticals are layered thoughtfully to address the skin's specific needs—whether restoring balance, refining texture, or supporting renewal at the cellular level. Gentle massage and soothing rituals invite deep relaxation as visible results unfold. Skin emerges supported, resilient, and distinctly transformed.

50 / 80 MINUTES

HydraFacial

A deep yet gentle cleanse, smoothing peel, and precise extractions combine with intense hydration for a fresh, clarified glow. A personalized booster and LED light therapy calm and refine, leaving the skin bright and comfortably renewed.

50 MINUTES

Deluxe HydraFacial

A sculpting, detoxifying HydraFacial enhanced with lymphatic therapy to refine contours and clear stagnation. A personalized booster and LED light therapy complete the ritual, easing visible tension and leaving the complexion radiant, clear, and uplifted.

80 MINUTES

ENHANCEMENTS

Serum Concentrates

Lift & Contour

Collagen Face Mask

LED

Social Wellness

Hydrothermal Circuit

A shared passage through heat, coolness, and gentle contrast. Steam wraps the body in warmth, the sauna clears the mind, and cool bursts of water invigorate the senses. Move together or drift at your own pace, pausing in moments of quiet or connection, and settle into newfound clarity and ease.

1-HOUR SESSION | 2-HOUR SESSION





Spa Guide

Hours

The Spa welcomes guests daily from 10:00am to 6:00pm. Advanced reservations are highly recommended for all spa treatments.

The Fitness Center is available 24 hours a day.

Location & Amenities

Located on the first floor of Casa Mani Resort, the Spa offers serene treatment rooms, a tranquil relaxation lounge, private locker rooms, a curated retail boutique, and a social thermal circuit. The thermal experience includes a co-ed sauna, steam room, and cold shower, designed for restorative connection and renewal.

Arrival

Guests with spa treatments are invited to enjoy one hour of complimentary access to the thermal circuit prior to their scheduled service. Additional time may be purchased based on availability. Thermal Circuit day passes are also available for non-spa guests, subject to availability.

To ensure a seamless experience, we kindly recommend arriving early. Late arrivals may result in a shortened treatment time to accommodate subsequent guests.

Upon arrival, you will be provided with robes, slippers, towels, and all essential amenities. As the thermal circuit is a co-ed social space, bathing suits are required.

Spa Etiquette

To preserve the peaceful atmosphere and privacy of all guests, the use of mobile phones and recording devices is not permitted within the spa. We invite you to unplug, slow down, and be fully present during your time with us.

Age Requirement

The Spa is designed as an adult-oriented retreat. Guests must be 18 years of age or older to access spa services and the thermal circuit.

Parking

Complimentary valet parking is provided for non-hotel spa guests for up to three hours.

Payment & Cancellation

A valid credit card is required to secure all spa reservations. Any changes or cancellations must be made at least 12 hours prior to your scheduled service time to avoid being charged the full treatment cost. Please note that spa pricing is dynamic and may vary by day, time, and demand. For current availability and pricing, please call 707-320-9535 or visit casamaniresortnapavalley.com/thespa.

For your comfort and convenience, a 20% service charge is included with your treatment and is fully distributed among your service provider and our dedicated spa support team.

